

Summer Camp Hours: 9AM-2PM

Extended Care Hours: 7AM-6PM



1 June 12th—June 16th

Super Smash Bros.

It's time for the Ultimate Super Smash Bros tournament! Campers will engage in their favorite games as they battle amongst their groups while learning about sportsmanship, respect, and strategy!

Other activities include: Game Truck, Arts & Crafts, Park, Ice Cream Truck, Swimming, and more!



2 June 19th—June 23rd

Super Hero/Anti-Bullying

Bullying occurs every day in schools and the most unexpected places. Channel your inner super hero by learning how to recognize the signs of bullying and handle it with self-control and confidence. Campers will learn about team work and building strong relationships while participating in anti-bullying week.

Other activities include: Bowling, Arts & Crafts, Park, Ice Cream Truck, Swimming and More!



3 June 26th— June 30th

Mystery Week

Our dear friend has gone missing! Discover what happened to him as the school transforms into a giant escape room, clouded with puzzles and games to gain clues to solve the mystery! Campers will develop critical thinking and problem-solving skills!

Other activities: Robotics, Arts & Crafts, Park, Ice Cream Truck, Swimming, and More!

At Camp Sangrock

We keep our young leaders entertained all Summer long; in a fun, safe, and structured atmosphere.

Truth, honesty, and respect are partnered with discipline, teamwork, and self-control, to create a camp that's not just fun, but educational and inspiring!

Welcome to Camp Sangrock!!



4 July 3rd—July 7th

American Dreamin'

In lieu of Fourth of July campers will celebrate the spirit of patriotism with a fun week filled with crafts such as tie-dye shirts and face-painting. Don't forget to wear your patriotic shirts to celebrate Independence Day!

Other activities include Face Painting, Park, Ice Cream Truck, Movie, Swimming and More!



5 July 10th—July 14th

Spooky Week

Learn about teamwork, confidence and perseverance as you attempt to last spooky week with dangers around every corner. Navigate through a haunted, using teamwork and courage to find all the gems to escape!

Other activities: Mad Science, Arts & Crafts, Park, Ice Cream Truck, Swimming and More!



6 July 17th—July 21st

Laser Blast Week

A chain is only as big as its weakest link, and the same can be said of a team its members. Campers will learn how the strength of the individual can impact the team and how taking pride in your duties can help you do your best all while participating in laser-tag games.

Other activities include: Big Air, Arts & Crafts, Park, Ice Cream Truck, and Swimming!



7 July 24th—July 28th

Tournament Week

Taekwondo Competition is a great way to improve oneself; it provides a big boost in confidence, shows us where we excel, and where more work is needed. We believe learning to be a good loser, creates winners in life. Campers will have the opportunity to win trophies or medals in a Taekwondo Tournament!

Other activities include: Arts & Crafts, Park, Ice Cream Truck, Swimming, and Movies!



8 July 31st—Aug 4th

Kid Safety Week

Being aware of your surroundings, and knowing how to recognize and handle precarious situations are the keys to staying safe as a kid. This week will focus on educating Campers in how they can defend themselves Mentally, Verbally, and Physically, no matter what situation arises.

Other activities include: Pottery, Arts & Crafts, Park, Ice Cream Truck, Movie, Swimming and More!

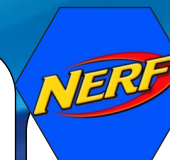


9 August 7th—Aug 11th

Star Wars Week

May the force be with you! Padawans will learn about self-control while participating in the fight between good and evil. Campers are encouraged to dress as their favorite Star Wars characters. This week will focus on educating Campers in how they can defend themselves Mentally, Verbally, and Physically, no matter what situation arises.

Other activities include: Bowling, Arts & Crafts, Park, Ice Cream Truck, Movie, and Swimming!



10 Aug 14th—Aug 18th

Nerf Blast Week

Focus and accuracy can make all the difference when it comes to reaching your goals, and hitting the target! Campers will learn about setting Taekwondo and life goals, working towards them, and staying focused and on course! We'll also have NERF battles and challenges, so prepare your NERF Blaster and ammo!

Other activities include: Game truck, Arts & Crafts, Park, Ice Cream Truck!



11 Aug 21st—Aug 25th

Warrior Challenge

Engage in the ultimate kids' American Ninja Warrior challenge to compete to be the very best you can be, all the while developing your coordination, reaction timing, and discipline! The course is designed by our experienced instructors!

Other activities include: Arts & Crafts, Park, Ice Cream Truck, Swimming and Movie!



Our program is a safe environment designed for children ages 4-13, with Campers divided into one of four groups based on age.

11 uniquely themed weeks filled with field trips, Arts & Crafts, Swimming, and more, will keep your Camper learning, growing, and having tons of fun all Summer long!



Registration Special!

\$155 Per Week - Until 04.30.23

\$159 Per Week - After 04.30.23

Extended Care - \$35

Color Belt Testing - \$50 (Optional)

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Welcome to Camp Sangrock!



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Sangrock.com



Sangrock International Taekwondo Summer Camp 2023

An informative
guide to your
Camper's
Summer of Fun!

